

Alycen Davis Therapy LLC

Telehealth Consent Form

Client Information:

Name: _____

Introduction: Telehealth involves the use of electronic communications to enable therapists to connect with clients for the purpose of providing therapy services. This form outlines the terms and conditions of telehealth services provided by Alycen Davis Therapy LLC.

Services Provided: Telehealth services may include, but are not limited to, individual therapy sessions, consultations, and follow-up appointments.

Technology: Telehealth sessions will be conducted using a secure video conferencing platform called Simple Practice. It is the client's responsibility to ensure they have the necessary equipment and internet connection. Text is another way to communicate administrative information with your therapist but it is not as secure as the client portal in Simple Practice.

Confidentiality: All information disclosed during telehealth sessions is confidential and protected by HIPAA regulations through Simple Practice. If you engage in texting with your clinician and you include PHI (protected health info) then you accept the risk that it may not be secure. If you need to send PHI send Alycen a message through your Simple Practice portal because it is HIPAA compliant. However, there are exceptions to confidentiality, including mandatory reporting of child abuse, imminent threat of harm to self or others, and court orders requiring therapist to disclose your chart notes if you are involved with the courts.

Risks and Benefits:

- **Benefits:** Telehealth provides access to therapy services from the comfort of your home, increased convenience, and continuity of care.
- **Risks:** Potential risks include technical issues, unauthorized access, someone in the client's space overhearing, and limitations in the therapist's ability to respond to emergencies.

Emergency Protocol: In case of an emergency, clients should call 911 or go to the nearest emergency room. Telehealth is not suitable for crisis situations, so please dial 988 to reach a crisis hot line. You may text Alycen at (503-278-7279) and she will respond within 24 hours. If you need urgent support, please text "home" to 741741 to text immediately with a crisis interventionist.

Consent: By signing this form, you agree to participate in telehealth services provided by Alycen Davis Therapy LLC. You understand the risks and benefits and consent to the use of telehealth for your therapy sessions.

Client Signature:

- Signature: _____
- Date: _____

Therapist Signature:

- Signature: _____

- Date: _____